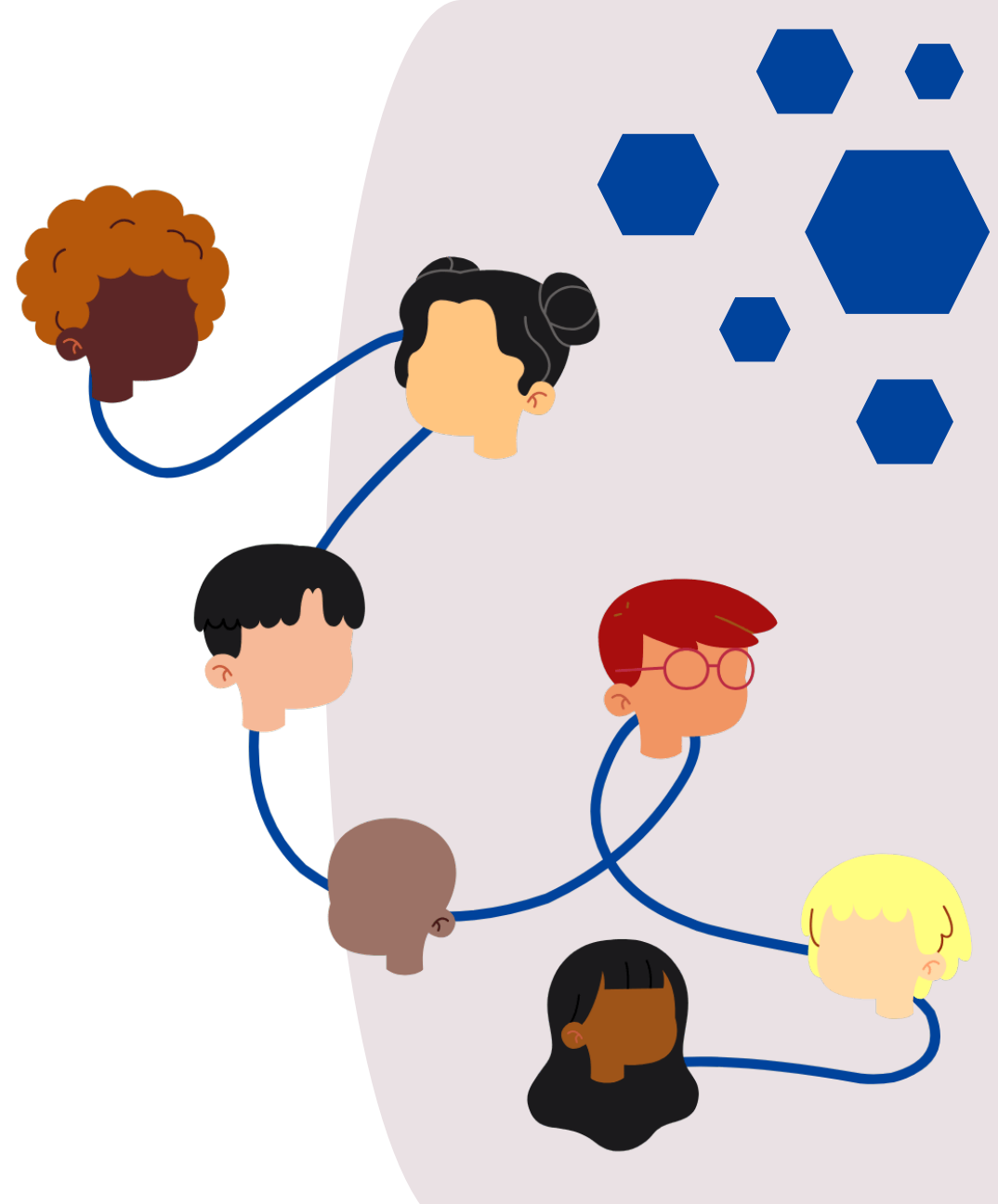


# EDI Moment

## Accessibility



# What is Accessibility?

- The design and creation of environments, products, services, and systems that can be used by everyone, regardless of ability.
- It ensures that people with physical, sensory, cognitive, or other challenges and disabilities can fully participate and engage without barriers.
- Accessibility empowers independence, promotes inclusion, and improves usability for all, ensuring individuals can participate and contribute fully and comfortably.

# Examples of Accessibility

Accessibility	Description	Examples
<b>Physical Environment</b>	Designing and fostering spaces that are comfortable, navigable, and supportive of various physical needs.	Wheelchair-accessible entrances and pathways, ergonomic seating options, scent-free policies, temperature control.
<b>Time and Scheduling</b>	Structuring time in ways that accommodate energy levels, medication needs, and breaks.	Built-in rest periods, flexible meeting times, scheduling with notice, honoring scheduled breaks even if sessions run long, ensuring ample time for meals.
<b>Medical Accommodation</b>	Allowing individuals to manage their health needs without barriers or stigma.	Explicitly allowing medical devices like glucose monitors or inhalers, providing refrigeration for medication, having food and water available.
<b>Communication and Cognitive Support</b>	Making communication clear, consistent, and easy to process for all.	Sharing agendas in advance, using plain language, offering written summaries, incorporating visuals, simultaneous interpretation, translation, closed captioning, screen reader compatibility.
<b>Sensory and Emotional Safety</b>	Creating environments that support mental health and reduce sensory overload.	Quiet rooms, optional camera use in virtual meetings, allowing noise-reducing materials like headphones, soft lighting.

# Accessibility in the CanScreen T1D Research Consortium

How the CanScreen T1D team is, and can continue, promoting accessibility:

- ✓ Fostering inclusive and supportive environments for individuals with T1D and other health conditions by permitting the use of medical devices and respecting scheduled breaks
- ✓ Adhering to web content accessibility guidelines when creating and sharing resources or materials to ensure digital inclusivity
- ✓ Using translation and interpretation services to enhance communication with individuals from diverse language backgrounds
- ✓ Ensuring events and meeting spaces are accessible to and comfortable for individuals with a range of needs and abilities



# Resources and Additional Learning

- [Guide to planning inclusive meetings](#) (Government of Canada)
- [Web Content Accessibility Guidelines](#) (Web Accessibility Initiative)
- [The critical role of accessibility in health information](#) (World Health Organization)
- Video (2 min 25 sec): [Accessibility is a human right](#)

