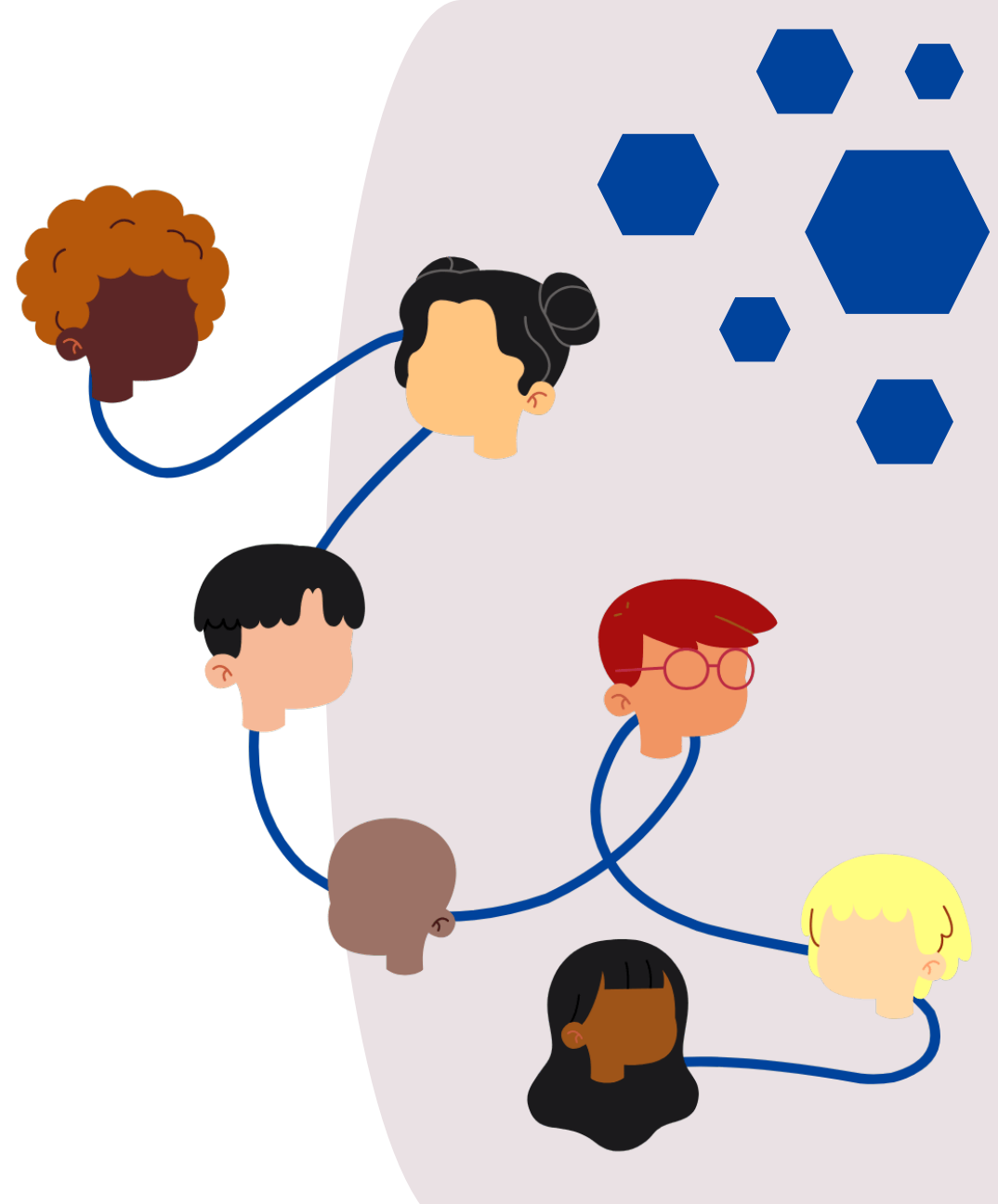


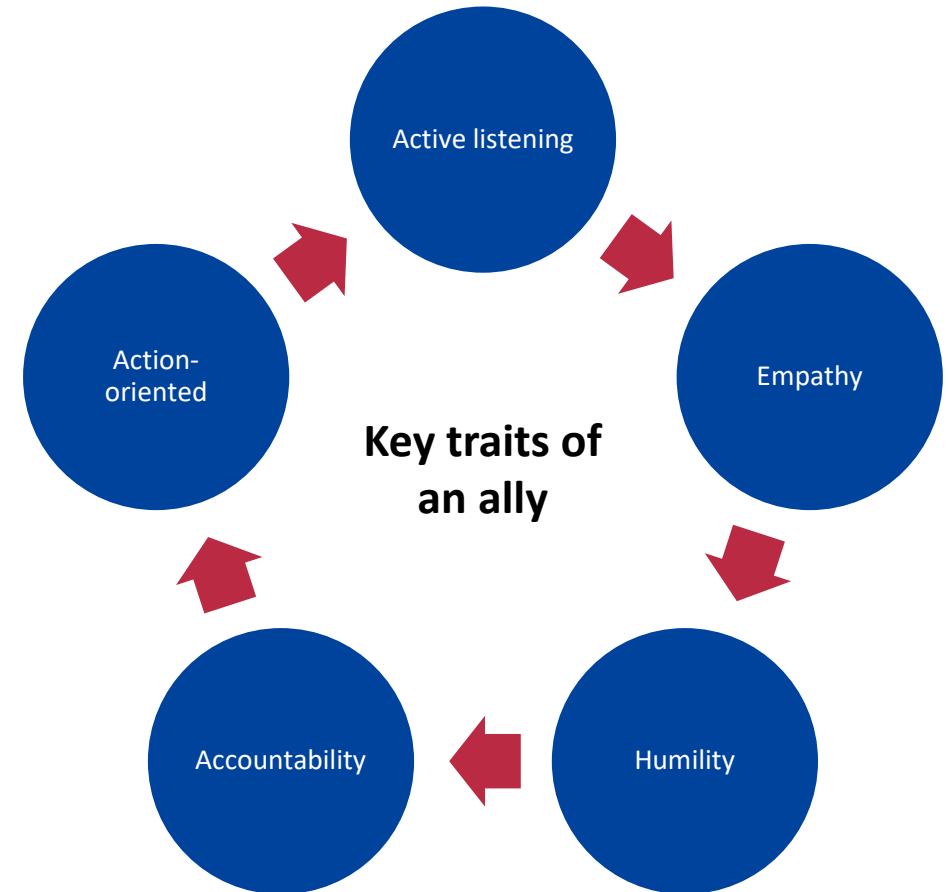
EDI Moment

Being an Ally and Allyship



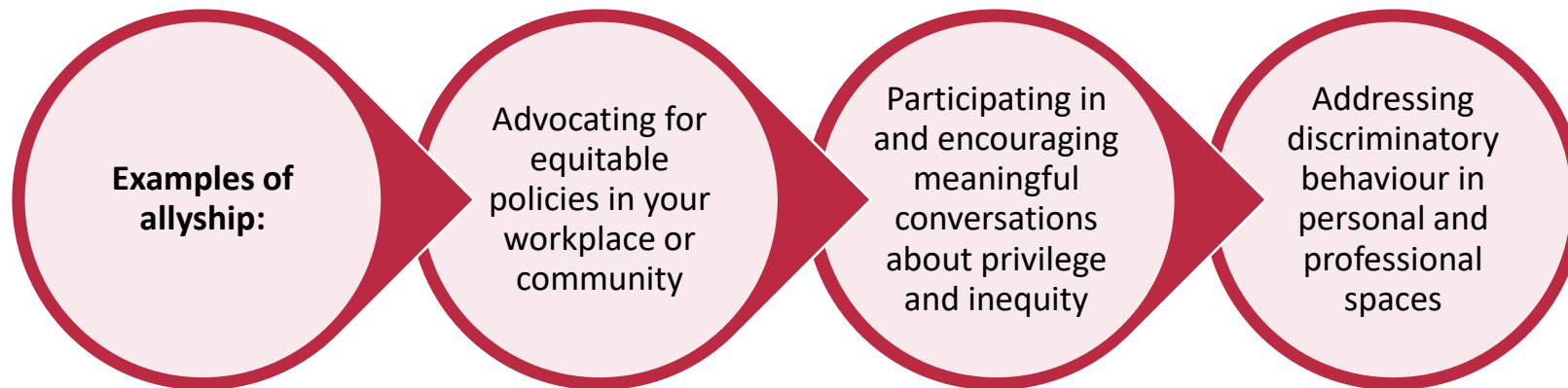
What Does It Mean to Be an Ally?

- To actively support and advocate for individuals or groups who experience discrimination, marginalization, or inequities.
- To use your privilege, position, or platform to help create a more inclusive and equitable environment.
- The goal is to amplify voices, reduce barriers, and take actionable steps towards justice and equity.



What is Allyship?

- Allyship is the continuous, intentional process of building trust, showing support, and advocating for marginalized groups.
- It goes beyond self-identity as an ally; it's about consistent actions that show solidarity.



Allyship in the CanScreen T1D Research Consortium

How the CanScreen T1D team is, and can continue, promoting allyship:

- ✓ Ensuring communications and outreach practices are accessible, easy to read and culturally sensitive
- ✓ Engaging with individuals from diverse communities and incorporating their knowledge and perspectives
- ✓ Advocating for equity in the workplace, research and healthcare systems
- ✓ Educating and building capacity within the consortium to exchange knowledge and best practices



Resources and Additional Learning

- Video (3 min 58 sec): [What is allyship?](#)
- [Indigenous Allyship](#) (Native Women's Association of Canada)
- [Learning how to be an ally to racialized groups](#) (Ottawa Public Health)
- [Being an LGBTQ+ ally](#) (Human Rights Commission)

